

# I STILL

# Love

Nine Things  
Troubled Kids  
Need from  
Their Parents

# YOU

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Things our Children Need

## 5. A Powerful Identity



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## 5. A Powerful Identity - Things our Children Need

- As parents, we are mirrors for our children. We reflect back to them who they are and how much they are valued.
- Our children's identities are theirs to choose, as long as they don't do long-term harm to themselves or others.
- As parents, we can offer children substitute identities that are just as powerful as the troubling identities they may tumble into.